PIONEER MEMORIAL
HOSPITAL & HEALTH SERVICES

The Pioneer Lifeline - Fall 2020

The need to practice patience, consistency, vigilance, caring for our community - all of these plus so much more has come into very clear focus in this year as we all battle the COVID-19 pandemic together. The staff at Pioneer Memorial Hospital & Health Services is still smiling to our patients and residents behind their mask every day. But more importantly, we are working very, very hard to make our facility as safe and as clean as possible. The safety of our residents, patients, and staff is of utmost importance. It's not the same, and hopefully someday soon we'll be able to get back to what we once had, but our commitment remains the same of delivering the highest quality of medical health, and senior living services; and providing the right care, right next door.

- Alone we can do so little; together we can do so much. - Helen Keller

Alex Kalsbeck, CNP | Tara Lee, CNP | Anna Husman, CNP | Dr. Denise Hanisch, M.D. | Dr. Gabriel Johnson, D.O. | Kayla Mehlhaf, CNP

follow us on facebook

315 N. Washington St
Viborg, SD 57070

www.pioneermemorial.org

PIONEER MEMORIAL WELCOMES STUDENTS BACK TO SCHOOL

WISHING OUR STUDENTS A SAFE & HEALTHY YEAR!

BACKPACK SANITIZERS PROVIDED TO ALL STUDENTS & STAFF

Viborg-Huely School District

All students (PreK-12th Grade) and staff at Viborg-Hurley, Centerville, Parker, and Irene-Wakonda School Districts were presented with backpack sanitizers, provided by Pioneer Memorial Hospital & Health Services. A total of 1,800 backpack sanitizers were distributed from staff at Pioneer Memorial. COVID has changed the world for all of us.

Students have not been in school since March, and it has been extremely difficult for them to grasp all the changes that have taken place due to the COVID-19 pandemic. We wanted to show our support during these times and wanted to give something to welcome kids back to school, and remind them to stay safe and healthy. We also sent home flyers with all the kids to bring home to let them know if they do start not feeling well, we offer COVID testing at our Viborg Medical Clinic, with same day results.

Centerville School District

Parker School District

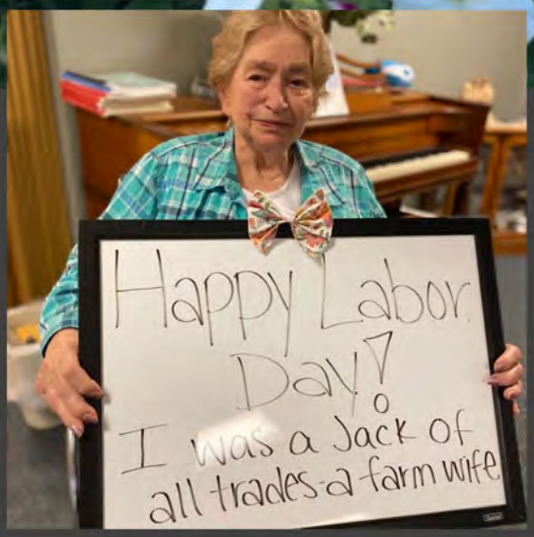
Irene-Wakonda School District

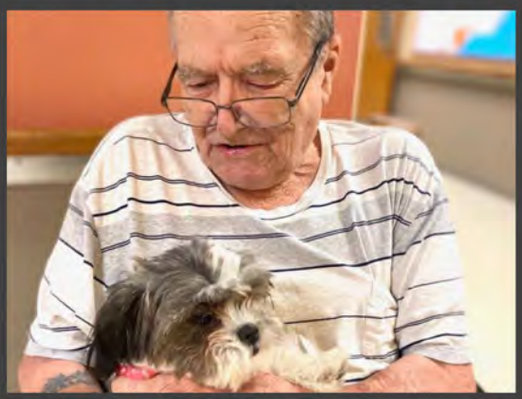
We Are All In This Together

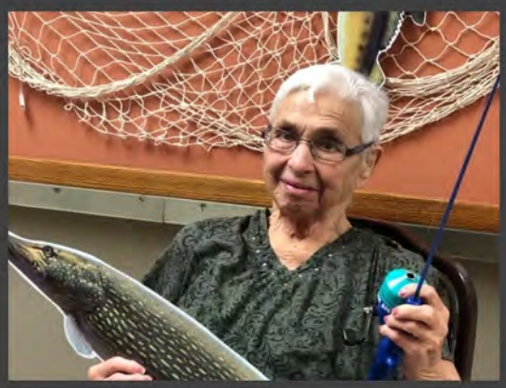
Check out what our residents have been up to!

OUR RESIDENTS ARE OUR FAMILY!

In these very challenging times, where families continue to not be able to see their loved ones, residents have been keeping busy with numerous activities throughout the summer. They have loved being able to see their families outside for patio visits, and it has been heart-warming to see the smiles on their faces! We cannot appreciate our residents' families enough for being patient with us during these times. Our residents are our family, and we have been trying our best to make sure they are in the best of care at Pioneer Memorial!



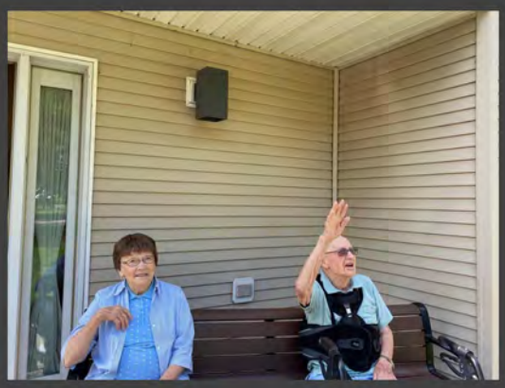


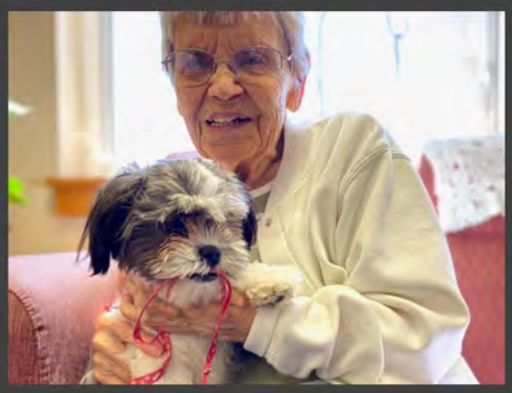


Happy
Birthday

ICE CREAM

PIONEER
VILLA
DINING
ROOM





EVEN DURING COVID-19 PANDEMIC, DON'T PUT OFF YOUR CHRONIC HEALTH CARE NEEDS!

As we've watched our country battle to reduce the toll of COVID-19, we've understood & supported the sense of caution that has kept people home rather than visiting their providers or going to the hospital if they think they need medical help.

However, at Pioneer Memorial we also know the risks of getting medical attention too late. Strokes, heart attacks, diabetes & cancer don't take a break just because we're in the middle of a pandemic. When an in-person visit, out-patient procedure or hospitalization is necessary, you can count on knowing our clinics, outreach surgical procedures, out-patient services & our hospital are taking extra precautions to disinfect & to keep non-COVID patients safe with appropriate measures to ensure social distancing & appropriate personal protection equipment is used to keep patients safe.

Statistics show that there has been a rise in heart attacks outside the hospital & decreasing transportation of stroke patients to hospitals. Now is not the time to avoid getting assistance for your medical needs, especially if they're life-threatening. It's equally important not to ignore chronic diseases. Asthma, chronic obstructive pulmonary disease (COPD) and diabetes can take a toll if not kept under control or alleviated with medications & diet. Having your medical provider monitor your case & prescribe the correct prescriptions is one way to make sure you're taking all the steps necessary to stay as healthy as possible. Likewise, if you're not feeling well, don't ignore it. Many diseases take advantage of our minds and bodies when we're stressed, and these are stressful times. If you're feeling depressed or you've been feeling run down or have any ongoing pain, you should reach out to a health care professional. Delaying detection & treatment when you have cancer can require much more intense treatment when it's discovered. Putting off getting treatment for depression or other mental health issues can lead to a downward spiral that's more difficult to stop.

You should also keep up on your vaccinations. If you're older & due to get shots for shingles or pneumonia, make sure you get them. If you're the parent of children who are scheduled for vaccinations, try to keep to the schedule for when these shots are due! And don't forget your flu shot which will be soon coming out!

Pioneer Memorial Hospital & Health Services is here to treat your illnesses and keep you healthy! Please don't let fear keep you from delaying your medical needs! Call (605) 326-5161 to schedule an appointment today!

We want to give the BEST medical care possible - and you can help!

You will receive a post-visit survey through

email

or

recorded phone call.

Tell us what we did well or where we can improve. We value your input!

For My Discharge I Choose ...

PIONEER MEMORIAL
HOSPITAL & HEALTH SERVICES

OUTPATIENT SERVICES AVAILABLE TO YOU WHEN YOU RETURN HOME:

REHABILITATION / THERAPY SERVICES:
- Occupational Therapy
- Physical Therapy
- Speech Therapy
- Cardiac Rehab

WOUND CARE

OUTREACH SERVICES
- Cardiology
- Orthopedics
- Podiatry

TO COORDINATE YOUR DISCHARGE PLANNING CALL (605) 326-5161

www.pioneermemorial.org
"Right Care ... Right Next Door"

REHABILITATION THERAPY ... CLOSE TO HOME

Pioneer Memorial Hospital & Health Services highly trained therapy / rehabilitation staff offers a full range of therapies and programs with hometown convenience and care. With decades of experience, our team provides the latest advances in physical, occupational, and speech therapy. With outpatient therapy services in Viborg and Parker, we work with you to help you achieve your goals.

SPEECH THERAPY

- Memory problems
- Cognitive progems (word finding, problem solving, etc.)
- Speech disorder (apraxia or dysarthria)
- Language disorders (receptive / expressive; pragmatic social)
- Articulation & alternative communication
- Voice therapy
- Swallowing disorders

MEET OUR SPEECH THERAPIST:

DANA MILLER, MA, CCC-SLP

MEET OUR PHYSICAL THERAPISTS:

PATTI TIMMERMANS, DPT (DIRECTOR)
AMANDA MARTS, PT, MSPT
KRISTEEN KINGSBURY, DPT

PHYSICAL THERAPY

- Knee / back / or shoulder injuries
- Back / neck pain
- Sports injuries
- Head injuries
- Post-surgical rehabilitation
- Orthopedic care
- Total knee, hip or shoulder replacement
- Parkinson & MS rehabilitation
- Rehab following a fall or stroke
- Decreased balance / dizziness
- Post-surgical rehabilitation
- Fibromyalgia

OCCUPATIONAL THERAPY

- Wrist / hand / arm fractures
- Tendonitis of the elbow / wrist / hand
- Carpal tunnel syndrome
- Upper extremity pain & weakness
- Arthritis
- Splint fabrication for upper extremity
- Post-surgery
- Post-injury
- Energy conservation strategies
- Ergonomic assessments for patients & businesses
- Post-stroke rehab including vision treatment
- Home evaluation to make sure home is safe

MEET OUR OCCUPATIONAL THERAPISTS:

Lisa Wixon, MS, OTR/L
Andrea Flyger, MS, OTR/L

PIONEER MEMORIAL
HOSPITAL & HEALTH SERVICES

ONE STOP MEDICAL CARE FOR YOUR LITTLE ONE

- Well-child checks & vaccinations for all ages
- Sports injuries, broken bones / sprains
- Lacerations, open wounds, stitches
- Rashes, bites, skin conditions
- Stomach aches / virus, flu
- Fever, sore throat, sniffles
- Asthma, respiratory issues
- Ear infections, eye infections
- Outpatient physical, occupational, speech therapy

SAME DAY APPOINTMENTS AVAILABLE

605-326-5201

www.pioneermemorial.org

14th ANNUAL PIONEER MEMORIAL FOUNDATION GOLF FUNDRAISER A HUGE SUCCESS!

Pioneer Memorial Foundation held their annual golf fundraiser on August 28th at Glenridge Golf Course in Irene. It was a fun afternoon for our 17 golf teams, as they competed for best ball challenge! Merchants State Bank & First Savings Bank were the top 2 teams in the First Flight; The "Berry" Team & Parson's Insurance Team top 2 teams for Second Flight; and John Edelman Team & the "Awesome Four" team were top 2 teams for Third Flight.

Thank you to all our sponsors and donors for their generosity of supporting our event! These events allow us to continue to make improvements for our residents and patients, and the proceeds from this event will go towards a new cardiac monitoring system for our hospital and ER.

SAFE CARE IS RIGHT HERE

A lot has changed because of the COVID-19 pandemic, but our community's health care needs have not. People still need wellness exams, diagnosis and treatment of illnesses, emergency care, management of chronic diseases, and rehabilitation therapy. Pioneer Memorial Hospital & Health Services has instituted safety precautions and new initiatives to keep you safe so you don't have to delay important medical care, including 5 Steps to Safer Health Care:

1. Temperature screenings - When you arrive at Pioneer Memorial Hospital & Health Services, we will take your temperature to screen for COVID-19.

2. Mask wearing - if you don't have a face mask, we'll provide one.

3. Social distancing measures - We encourage patients and staff to maintain an appropriate distance from one another.

4. Extensive cleaning and disinfecting - We sanitize high-touch areas during the day and after hours.

5. Virtual visits - you can see or speak with a Pioneer Memorial provider from the comfort of your home.

We offer two options for virtual visits. For video visits, we use the videoconfercing app Zoom, which is private, secure and allows you to communicate with your provider just as you would in the office. When you call one of our clinic locations to schedule an appointment, the staff will help you decide whether a video, phone or in-person visit is appropriate. If you schedule a video visit, you will receive instructions for downloading Zoom and initiating the visit. A staff member will test the connection with you to make sure you're ready to go for your appointment.

Whether you're a new or existing patient, you can schedule a virtual visit with one our providers by calling (605) 326-5201.

WELCOME TO ALL OUR NEW EMPLOYEES AT PIONEER MEMORIAL!

McKenna Mohr
CNA

Teya Berndt
CNA

Katie Glenn
RN - Hospital

Jordan Bak
CNA

Steph Warnke
Hospital RN, APP

Haylee Sherard
Resident Assistant

Taylor Vaksdal
RN Hospital

Michelle Nelson
CNA

Craig Rothschadl
Maintenance

Joan Peterson
Dietary Assistant

Rebecca Kuehl
RN

Dana Schenk
RN Hospital

Pat Anderson
Patient FInancial Services

Jenny Huisken
Administrative Assistant

Allison Carithers
Lab Tech

Dana Miller
Speech Lanuage Pathologist

Emily Fedders
CNP, Centerville Medical Clinic

Paige Holloway
CNA

Amy Ferguson
CNA

Over 170 employees ... largest employer in Turner County!

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HOSPITAL & HEALTH SERVICES