

# If You've Been Fully Vaccinated

## HAVE YOU BEEN FULLY VACCINATED?

People are considered fully vaccinated:

- 2 weeks after their second dose in a 2-dose series, such as the Pfizer or Moderna vaccines, or
- 2 weeks after a single-dose vaccine, such as Johnson & Johnson's Janssen vaccine

If you don't meet these requirements, you are NOT fully vaccinated. Keep taking precautions until you are fully vaccinated.

If you have a condition or are taking medications that **weaken your immune system**, you may NOT be protected even if you are fully vaccinated. You should continue to take all precautions recommended for unvaccinated people until advised otherwise by your healthcare provider.

### WHAT YOU CAN START DOING

If you've been fully vaccinated:

- You can resume activities that you did prior to the pandemic.
- ✓ To reduce the risk of being infected with the Delta variant and possibly spreading it to others, wear a mask indoors in public if you are in an area of <u>substantial or high</u> transmission.



- ✓ You might choose to wear a mask regardless of the level of transmission if you have a weakened immune system or if, because of your age or an underlying medical condition, you are at increased risk for severe disease, or if a member of your household has a weakened immune system, is at increased risk for severe disease, or is unvaccinated.
- If you travel in the United States, you do not need to get tested before or after travel or self-quarantine after travel.
- You need to pay close attention to the situation at your international destination before traveling outside the United States.
  - → You do NOT need to get tested **before** leaving the
    United States unless your destination requires it.
  - ◆ You still need to <u>show a negative test result</u> or documentation of recovery from COVID-19 **before** boarding an international flight to the United States.
  - + You should still get tested 3-5 days **after** international travel.
  - You do NOT need to self-quarantine after arriving in the United States.
- ✓ If you've had <u>close contact</u> with someone who has COVID-19, you should get tested 3-5 days after your exposure, even if you don't have symptoms. You should also wear a mask indoors in public for 14 days following exposure or until your test result is negative. You should isolate for 10 days if your test result is positive.

## WHAT YOU SHOULD KEEP DOING

For now, if you've been fully vaccinated:

- You will still need to follow guidance at your workplace and local businesses.
- If you <u>travel</u>, you should still take steps to <u>protect yourself</u> and others.
- Wearing a mask over your nose and mouth is required on planes, buses, trains, and other forms of public transportation traveling into, within, or out of the United States and while indoors at U.S. transportation hubs such



- as airports and stations. Travelers are not required to wear a mask in outdoor areas of a conveyance (like on open deck areas of a ferry or the uncovered top deck of a bus).
- ✓ Fully vaccinated <u>international travelers</u> arriving in the United States are still <u>required to get tested</u> 3 days before travel by air into the United States (or show documentation of recovery from COVID-19 in the past 3 months) and should still get tested 3-5 days after their trip.
- ✓ You should still watch out for <u>symptoms of COVID-19</u>, especially if you've been around someone who is sick. If you have symptoms of COVID-19, you should get <u>tested</u> and <u>stay home</u> and away from others. If your test is positive, isolate at home for 10 days.
- People who have a condition or are taking medications that weaken the immune system, should continue to take all <u>precautions</u> recommended for unvaccinated people until advised otherwise by their healthcare provider.

#### Want to learn more about these recommendations?

Read the CDC's expanded <u>Interim Public Health</u> <u>Recommendations for Fully Vaccinated People</u>.

NOTICE: <u>FDA has granted full approval</u> for Pfizer-BioNTech (COMIRNATY) COVID-19 Vaccine.



# **Key Things to Know About COVID-19 Vaccines**

### WHAT YOU NEED TO KNOW

- » COVID-19 vaccines are effective at protecting you from COVID-19, especially severe illness and death. COVID-19 vaccines reduce the risk of people spreading the virus that causes COVID-19. If you are <u>fully vaccinated</u>, you can resume activities that you did before the pandemic.
- » COVID-19 vaccines are <u>safe and effective</u>. Vaccines cannot give you COVID-19. You may have <u>side effects</u> after vaccination. These are normal and should go away in a few days.
- » It typically takes 2 weeks after vaccination for the body to build protection (immunity) against the virus that causes COVID-19. You are not fully vaccinated until 2 weeks after the second dose of a 2-dose vaccine or 2 weeks after a single-dose vaccine.
- » Vaccines are widely accessible in the United States and are available for everyone at no cost.

Getting vaccinated prevents severe illness, hospitalizations, and death. To maximize protection from the Delta variant and prevent possibly spreading it to others, you should wear a mask indoors in public if you are in an area of **substantial or high transmission** even if you are **fully vaccinated**.

### WHAT WE ARE STILL LEARNING

- » How well the vaccines protect people with weakened immune systems, including people who take medicines that suppress the immune system
- » How long COVID-19 vaccines protect people
- » How many people have to be vaccinated against COVID-19 before the population can be considered protected (population immunity)
- » How effective the vaccines are against new variants of the virus that causes COVID-19

If you are fully vaccinated, find guidance for fully vaccinated people. If you are not vaccinated, find a vaccine.

## **At Your Vaccination Appointment**

- » Before you arrive, contact the site where you will be vaccinated or review your appointment confirmation email for details about what identification you may need to bring to your vaccination appointment.
- » When you get a vaccine, you and your healthcare provider will both need to wear masks that cover your nose and mouth. Stay 6 feet away from others while inside and in lines. Learn more about protecting yourself when going to get your COVID-19 vaccine.
- You should receive a paper or electronic version of a fact sheet that tells you more about the specific COVID-19 vaccine you receive. Each authorized COVID-19 vaccine has its own fact sheet that contains information to help you understand the risks and benefits of receiving that specific vaccine. Learn more about different COVID-19 vaccines.
- » If you receive an mRNA COVID-19 vaccine (<u>Pfizer-BioNTech</u> or <u>Moderna</u>), you will need 2 shots to be fully protected.
  COVID-19 vaccines are not interchangeable, you should get the same brand for your <u>second shot</u>. You should get your second shot even if you have side effects after the first shot, unless a vaccination provider or your doctor tells you not to get it. Learn more about <u>Booster Shots</u>.
  - If you receive the viral vector (**J&J/Janssen**) COVID-19 Vaccine, you will only need 1 shot.

- » After getting a COVID-19 vaccine, you should be monitored on site for at least 15 minutes. Learn more about COVID-19 vaccines and <u>rare severe</u> allergic reactions.
- Ask your vaccination provider about getting started with v-safe, a free, smartphone-based tool that uses text messaging and web surveys to provide personalized health check-ins after you receive a COVID-19 vaccination. Parents and guardians can enroll adolescents (ages 12 and older) or dependents in v-safe and complete health check-ins on their behalf after COVID-19 vaccination. Register or sign in to v-safe. Learn more about v-safe.
- » You should get a vaccination card that tells you what COVID-19 vaccine you received, the date you received it, and where you received it. Keep your vaccination card in case you need it for future use. Consider taking a picture of your vaccination card as a backup copy.
- » You may experience <u>common side effects</u> after getting a COVID-19 vaccine.
- » It takes time for your body to <u>build protection</u> after any vaccination. You are considered <u>fully vaccinated</u> 2 weeks after your final dose of COVID-19 vaccine. You should <u>protect yourself and others</u> until you are fully vaccinated.

