Pioneer Memorial Hospital & Health Services Danish Days 5K RUN & 1 Mile Walk July 16, 2022

<u>Registration: 7:00 am to 7:45 am</u> <u>Race Time: 8:00 am</u>

One registration form per person. Please print. (Participants in the 1 Mile will not be timed. It is a Fun Walk only.)				
Name		Phone		
Address		Age on day of race		
City		State Zip		
Email Address				
Race Event / Registration Fee Sex		<u>T-Shirt Size (Adult)</u>		
 □ 5K Run \$ 20 □ 1 Mile Walk \$ 10 	Male Female	 X-Small Small Medium Large XL XXL 		
	norial Hospital & Health Services hington, Viborg, SD 57070 61			

Waiver and Release of Liability

I know that running in a road race is potentially hazardous activity. I attest that I am physically fit and prepared for this event. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running/walking in this event including but not limited to falls, contact with other participants, the effects of weather, traffic, and the conditions of the road race. I have read this waiver and knowing these facts I, for myself, and anyone entitled to act on my behalf, waive and release Pioneer Memorial Hospital & Health Services, the city of Viborg and all sponsors, supporters, their respective and successors from all claims of liabilities of any kind, existing out of my participation in this event. I assume payment for any or all emergencies of mine that may arise. I certify that I have read the above, and all information provided on this form is true and complete with my signature. I will abide by these guidelines.

Signature	Date	
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Parent signature if under 18 _____

Date