

Public Health Nursing Services



Pregnancy Care

- + Available to **all pregnant or postpartum women and infants** in South Dakota.
- + Services are provided by a **public health nurse** to support healthy pregnancies and families.
- + Pregnant women receive an **initial risk assessment** to help identify needs and connect with resources.
- + **Monthly nurse visits** supplement prenatal care with your healthcare provider.
- + Postpartum women and infants are also eligible for a nurse visit, in addition to their provider's follow-up.
- + **Nurse visits may include:**
 - ▶ Weight and blood pressure checks
 - ▶ Health assessments
 - ▶ Education and emotional support
 - ▶ Referrals to community services
 - ▶ Communication with your healthcare provider
 - ▶ Breastfeeding support and education
- + **Maternal Depression Screening:**
 - ▶ All pregnant and postpartum women are offered a mental health screening during nurse visits.
 - ▶ Includes use of validated screening tools, supportive conversation, and referral to your provider if needed.
- + **Safe Sleep Support:**
 - ▶ Education is provided based on the latest American Academy of Pediatrics guidelines.
 - ▶ A nurse will assess your baby's sleep environment and offer guidance to keep your baby safe.
 - ▶ Eligible families may receive a free pack-n-play if a safe sleep option is not available.

Immunizations

- + Review of your child's or family's **vaccine records**.
- + Age-appropriate **vaccinations** provided.
- + **Education** on vaccine safety and benefits.
- + **Scheduling** of future vaccine appointments.
- + **Influenza vaccination** services for workplaces.

Child and Adolescent Services

- + **Developmental Screening**
 - ▶ For children ages 2 to 60 months.
 - ▶ Parent-led screening tools help detect normal development or possible delays.
 - ▶ Tools offered:
 - » ASQ (Ages and Stages Questionnaire): tracks development.
 - » ASQ:SE (Social-Emotional): focuses on emotional and social skills.
- + **Oral Health**
 - ▶ For eligible children 6 months through 6 years; and eligible school aged children
 - ▶ A nurse provides an Oral Health Risk Assessment.
 - ▶ Eligible children may receive fluoride varnish to help prevent cavities.
- + **School Health**
 - ▶ Health screenings and education available upon school district request.
 - ▶ School-based vaccination services offered.

Health & Safety Information

- + Guidance on nutrition and healthy food choices.
- + Referrals to community resources for additional support.
- + **In-office screenings available:**
 - ▶ Blood pressure
 - ▶ Vision and Hearing
- + Employer-based health screenings and education available.
- + Services ordered by a healthcare provider can also be delivered by the nurse.

Hours: In office Monday: 9 am-3 pm

Location: 2nd Floor Lake County Courthouse

Public Health Nursing Services



Pregnancy Care

- + Available to any pregnant or postpartum South Dakota women and/or infants
- + Services are delivered by a nurse with the purpose to improve outcomes that help to support healthy pregnancies and families
- + Pregnant women will receive an initial risk assessment to help identify needs/social determinants of health with the goal to identify resources and educational needs
- + Monthly visits with a nurse that are supplemental to regular prenatal care with their healthcare provider
- + A nurse visit will be offered to postpartum women and/or infants that will be supplemental to a follow-up visit with their healthcare provider
- + Nurse visits will include weight check, blood pressure check, health assessment, education, support, referrals to community resources, and communication with their healthcare provider as individual needs arise
- + Breastfeeding support and education

Safe Sleep

- + Safe sleep education will be provided to all pregnant/postpartum women and caregivers of infants based on the latest guidance by the American Academy of Pediatrics
- + A visit will be completed with a nurse to assess for a safe sleep environment and to provide education
- + Families without a safe sleep environment may be eligible to receive a pack-n-play

Maternal Depression Screening

- + All pregnant and postpartum women are eligible for a depression screening with a nurse
- + The visit will consist of completing the screening tool(s), education, support, and referral to provider, if needed

Developmental Screening

- + All families with children 2 months – 60 months of age will be offered a parent-led screening tool(s) to complete to help promote early detection and identify normal development
- + The two screening tools offered are the *Ages and Stages Questionnaires* (ASQ) helps to capture developmental delays or disorders. *Age and Stages Questionnaires: Social Emotional* (ASQ-SE) helps to capture emotional and social competencies

Immunizations

- + Review vaccine records of patients
- + Provide age-appropriate vaccines
- + Educate families on vaccines
- + Schedule follow up vaccinations as necessary
- + Employer-based influenza services

Oral Health

- + For eligible children 6 months through 6 years; and eligible school aged children
- + The assessment will determine those children eligible to receive fluoride varnish to help reduce dental caries

School Health

- + Health screenings and education as requested by the school district
- + School-based immunization services

Health & Safety Information

- + Guidance on nutritional needs and healthy food choices
- + Linking individuals and families to community resources
- + In-office screenings for blood pressure, vision, and hearing
- + Employer based health screenings and education
- + Office services ordered by a healthcare provider

Hours: Monday 9am-3pm

Location: 2nd Floor Lake County
Courthouse